

JTBelieve program

Program description

JTBelieve is a standout program for young people and their families, focused on developing confidence, courage, and self-belief.

Over the program, participants will work to develop leadership, teamwork, and other key skills that promote success throughout one's life and career. They will participate in discussions about achieving goals; preparing for life's challenges and utilising tools that are critical for personal, educational, and professional development.

This powerful program includes intensive workshops and sessions. JT Academy offers a safe and positive environment where young people can build their confidence, courage and self-belief resulting in a significant positive shift in their attitude on their self-worth and value.



Program Goals & Outcomes

- Increased confidence, courage, and self-belief
- Raise hope and self-esteem
- Empowerment & standing up for yourself and others
- Leadership skills
- Goals set with mapping
- Development of healthy relationships
- Know their potential
- Greater self-determination
- Development of healthy mindset
- Connection to networks

JTBelieve Program Topics

- Johnathan Thurston's Journey and life lessons
- Confidence, Courage & Self-belief
- My Support Crew
- Character Traits
- Leadership
- Teamwork
- Personal and career goal setting and planning
- Character Traits
- Values & Passions
- Power Ups and Power Zappers
- Tell Me About Yourself



**"Don't be scared of failing,
be scared of not giving it a go!"**

Johnathan Thurston

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